

GUEST GUIDEBOOK

Indulge in luxurious, spacious, and modern design, ensuring your utmost comfort as you relax and unwind...

FOR ALL ON ISLAND PROPERTY ASSISTANCE PLEASE CONTACT YOUR PROPERTY MANAGER, DETAILS GIVEN IN YOUR WELCOME EMAIL







reservations@caymanvacation.com



CAYMANVACATION.COM

GUEST GUIDEBOOK EXPERIENCE YOUR CAYMAN PARADISE



GET READY TO EMBARK ON AN UNFORGETTABLE JOURNEY TO GRAND CAYMAN,

WHERE EVERY MOMENT PROMISES ADVENTURE AND DISCOVERY.

Our **Guest Guidebook** is your passport to unlocking the essence of the Cayman Islands, providing you with invaluable insights and local tips to ensure your vacation is nothing short of extraordinary. Should you require additional details about specific properties or activities, please feel free to reach out to us anytime. We're here to make your experience truly exceptional.

Cayman Islands Beaches:

Experience the beauty of Cayman Islands Beaches, where the renowned Seven Mile Beach awaits with its ever-changing allure. While the shifting sands add a dynamic touch, it's important to note that the beach landscape may vary due to natural elements like storms. However, don't let this deter you! Even during these times, there are still plenty of opportunities to enjoy the sun and sea.

When the beach undergoes these changes, property owners take proactive steps to ensure guest comfort and safety. Loungers and umbrellas may be relocated to nearby grassy areas, and clear signage will guide you to alternative beach access points. For a wider expanse of Seven Mile Beach, venture to the public beach access paths conveniently situated near the Sovereign condominium complex or similar locations. Keep an eye out for the inviting brown '**PUBLIC BEACH ACCESS**' signs marking your way to endless seaside adventures.

PASSPORTS:

Attention all travelers! Before embarking on your journey to the breathtaking Cayman Islands, ensure that your passport is valid for entry and departure. Passport renewal processes can often be lengthy, so it's crucial to plan ahead.

Take a moment to double-check the expiration date on your passport to avoid any unforeseen hiccups. Remember, we want your trip to be smooth sailing, and expired passports can lead to disappointment and canceled plans.

Please be proactive in verifying your passport's validity, as we want to ensure that your adventure in the Cayman Islands is nothing short of extraordinary.

VISIT:

https://www.visitcaymanislands.com/enus/travel-requirements

TRAVEL INSURANCE:

FOR ADDED PEACE OF MIND AND A WORRY-FREE VACATION EXPERIENCE

WE HIGHLY RECOMMEND CONSIDERING TRIP INSURANCE.

Discover **Rental Guardian's Play Travel Protection** – your affordable vacation trip insurance solution.

Starting from just 7.00% of your total trip expense, our comprehensive coverage safeguards you against a range of unforeseen circumstances, including trip cancellation, interruption, travel delays, baggage issues, and more. From medical expenses to emergency evacuation services, we've got you covered around the clock. Plus, bundle other trip costs like flight and car hire for added convenience.

Your hassle-free getaway starts with the right protection in place.



Explore the full details, get a personalized quote, and secure your trip insurance, simply click the link below. <u>https://caymanvacation.rentalguardian.com/</u>



CARS DRIVE ON THE LEFT SIDE OF THE ROAD IN CAYMAN.

MORE INFORMATION CAN BE FOUND ON OUR CAYBLOG

https://caymanvacation.com/driving-in-grand-cayman/

- A visitor's driving permit is required for all travelers who plan to drive in Cayman. Fortunately, these can easily be obtained from car rental companies as well as the local police stations. You will have to pay a registration fee and show a valid license from your home country or an international driving permit.
- **Traffic Circles / Roundabouts:** Always yield to a roundabout and remember to enter on the left (roundabouts go clockwise here in Grand Cayman). Do not stop to admit cars entering the roundabout from the left.
- **Speed Limits** Speed limits in built-up areas vary between 25 mph and 30 mph. The maximum speed limit on the open road is 50 mph.
- Know your signs Road Signs here follow the UK system. Please be aware of what each sign means. Speed limits signs are circular with a red circle around the maximum MPH limit. A larger circle sign indicates you are entering into that speed zone, smaller circle signs remind you the speed limit of the zone you are in.
- Driving at night Use caution when driving at night as many roads narrow without much shoulder.

CAR RENTALS

If you are interested in renting a car after you've arrived, we recommend booking a hire car ahead of time, especially in high season and if you are planning to stay on the more coastal outskirts of the island.

OUR SUGGESTIONS:

- https://www.andys.ky/
- https://www.marshalls.ky/
- https://www.kayak.com/



TRANSPORTATION Should you need transportation whilst visiting the Cayman Islands here's a few options:



PUBLIC BUS:

This runs up and down West Bay Rd. The buses can be identified by numbers in a colored circle.

- There are some bus stops along major routes, but you can flag down a passing bus at any point.
- When you want to get off, just let your driver know!
- Fares range from CI\$2 for short trips to CI\$5 for longer trips to East End or Cayman Kai.

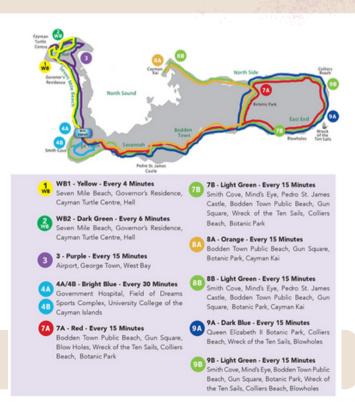
https://www.caymantransport.ky/transportation-services/public-bus



There are many taxi companies available and searchable online. An **345-777-7777** easy one to remember is:

• You can download CIGO App which lets you know what a fare will be.

CAYMAN RIDE SHARE APP. https://www.islandgo.app/



CAYMANVACATION.COM TRAVEL TIPS



- Cayman is on Eastern Standard Time and does not observe daylight savings (which means that half the year, Cayman Island is on US Central Time, and the other half is on US Eastern Time).
- For local forecasts visit http://www.weather.gov.ky
- The local currency is Cayman Islands dollar, commonly referred as CI.
- US dollars are generally accepted island-wide, however expect to receive your change in CI. (Exchange rate: US\$1 = CI \$.80, subject to daily fluctuations.)
- Piped water in the Cayman Islands is completely safe to cook with or drink. The water is originally pumped from the sea and then purified by reverse osmosis.
- Check with your cellular service (ideally before you arrive) to understand what roaming fees and data charges will apply when using your phone during your visit in the Cayman Islands. Visitors typically find the best way to manage international calls / data is to set up an international mobile plan with their local carrier.
- Many businesses are closed on Sundays, but you'll find that most restaurants and bars remain open, along with a few markets.
- Please be mindful that driving around the island during peak commuter hours (approximately mornings 7-9am; evenings 4:30 -7pm) or Saturdays (when everyone is getting their errands done) can mean heavy traffic.

Plan accordingly for any excursions or when leaving for the airport.

• Unless you like crowds and traffic, we recommend avoiding the George Town waterfront when there are 2 or more cruise ships in.

View the ship schedules here:

https://www.caymanport.com/ship-schedules-calendar (filter by Cruise Ships)

• Many restaurants/bars will automatically add gratuity. While it's common to include a little more for great service (18% - 22% gratuity is typical for good-great service), you should always check to determine what's been added first.

Camana Bay (George Town/SMB)

An outdoor mall complete with restaurants, bars, shops, kids water fountains, movie theatre and more.

West Bay Road Plazas

If you are a shopper – you may enjoy simply strolling down West Bay Rd and poking into the various plazas - each with their own selection of stores and restaurants.

Georgetown Waterfront http://www.camanabay.com/ship-schedules/

There are an array of shops and restaurants along the George Town waterfront (where the cruise ships come in). Whether you're looking to pick up some gifts and souvenirs or just looking to grab a bite on the waterfront, this is a great place to check out before you leave. Please be warned that when there are cruise ships in port, you should anticipate a lot of traffic and highly congested streets. We recommend checking the Cayman Port Schedule to evaluate the best day to venture into town.



Pure Art (South Sound)

http://www.pureart.ky

* SHOP NOW *

http://www.camanabay.com

This is a great store to visit if you are interested in locally made jewelry, art, crafts and accessories. Located in South Sound (5 Denham-Thompson Way & South Church Street). +1-345-949-9133



EXPLORING THE BEACHES & SNORKELING

SAFETY

FIRST

Explore the plethora of beaches waiting to be discovered across the island.

Here are a few recommendations to start your adventure.

SAFETY NOTES!

The waters are very safe, but as with any ocean there may be unpredictable currents, wildlife, etc. Please be safe and exercise caution. Below are a few tips and considerations.

- If you are caught in a rip tide, swim parallel to the beach until out of danger. Do not try to swim directly toward the beach or you will tire and possibly drown.
- Adults should always accompany childrenNo one should swim or snorkel alone.
- We recommend taking off jewelry when going in the ocean (barracuda love sparklies!). •
- If you should find yourself stung by a jellyfish (it occasionally happens), rinse with salt water and then soak the affected part in a vinegar water mixture for 20 minutes or until the stinging stops.



GOVERNOR'S BEACH

Located next to the Governors' House (just past the Westin) is Governors' Beach, a wide sand beach where many locals go with beach chairs and umbrellas to enjoy Seven Mile. There is public parking available, but no restrooms.

SEVEN MILE PUBLIC BEACH

Another popular public beach for both locals and cruise shippers. Seven Mile Public Beach is just before the Kimpton Hotel & Resort and offers a wide beach, cabanas, playgrounds, and volleyball nets. Public parking and restrooms are available.

STARFISH POINT

Located in Cayman Kai, near Kaibo - Drive or boat to this cool spot to relax on a remote beach with waist deep waters and check out some starfish! Just be sure not to take the starfish above the water as this is dangerous for them.

CEMETERY BEACH

Situated on the northern end of Seven Mile Beach, adjacent to one of Cayman's colorful cemeteries. It's a popular beach and snorkel spot for both locals and visitors.

RUM POINT BEACH

Order up the best mudslide on the island, relax on the beach, enjoy the warm Caribbean waters – sometimes stretching out for what feels like forever in waistdeep water. This beach includes a beach bar and restaurant, hammocks, and water sports rentals. For young children, there is a very shallow calm lagoon like area. Sundays can be very busy as the locals descend on this piece of paradise by both sea and land.

SPOTTS BEACH (SPOTTs, PROSPECT)

Nestled off Shamrock Road in Spotts Newlands lies Spotts Beach, offering cabanas, benches, and tables for picnics and barbecues. Enjoy excellent snorkeling thanks to minimal watercraft traffic, with frequent sightings of turtles adding to the allure of Spotts!

EDEN ROCK

Eden Rock is a popular snorkeling and diving location located on the waterfront in town (near the cruise ship port). There is a ladder to enter the water and no cost to access from this point. If you don't have your own snorkel equipment, then you can rent snorkel gear from <u>Eden Rock Dive Center</u>.

SMITH COVE (SOUTH SOUND)

This beach is the closest to a lagoon that you will find in the Cayman Islands. Located at the start of South Sound and George Town on South Church Street. This is a popular spot for locals on the weekends, so we'd recommend trying to visit during the week if you can!



BOAT EXCURSIONS, SNORKEL / DIVE, AND WATERSPORTS RENTAL

Numerous tour operators provide snorkeling, diving excursions, and trips to Stingray Sandbar. While we can suggest a few we're familiar with, we highly recommend researching online to discover recommendations from other visitors as well.

SIX SENSES CAYMAN ADVENTURES

https://www.caymansixsenses.com +1-345-938-3303

OCEAN FRONTIERS

https://oceanfrontiers.com +1-345-947- 7500

CAPTAIN MARVINS WATERSPORTS

https://captainmarvins.com +1-345-945-6975

DEEP BLUE DIVERS

https://www.deepbluediverscayman.com/ A premier dive operator & certification center

WHITE SAND WATER SPORTS

Excursions & Kayak/Paddleboard Rentals http://whitesandwatersports.com +1 345-916-7263

PARADISE PADDLE CAYMAN – WATERSPORTS

equipment rental (paddleboards, kayaks, etc) https://www.paradisepaddlecayman.com +1 345-526-1111; US +1-424-781-0925

AQUA WATERSPORTS

Grand Cayman's No.1 'boutique' watersports company offering: Boat Charters, Sunset Cruises, Jet Ski training, Stingray City tours. https://www.aqua-watersports.com/

ROBERT SOTO WATER SPORTS

CAYMAN'S #1 BOAT CHARTER COMPANY Private Water Excursion Tours with a unique experience. https://rswcayman.com/

RED SAIL WATER SPORTS

Red Sail has locations at many of the hotels along Seven Mile Beach. They offer various water sports and rentals (jet skis, banana boat rides, paddle boards) as well as excursions and sunset sails.

CAYMAN PRIVATE CHARTERS – BILL

bill@caymanprivatecharters.com or www.caymanprivatecharters.com

DOUBLE TROUBLE CHARTERS

For a 5-hour boat day charter (averages \$650 CI, plus grat) as a great boat day option, whether you plan to visit Stingray Sandbar, off-shore snorkel sites, fish, dive for conch and lobsters, snorkel, or just cruise to different beaches and sand bars and dance to your own playlists. You can also find <u>Double Trouble Charters on Facebook</u>. We highly recommend booking in advance! +1-345-916-1643 (Daniel) or +1-345-925-8742 (Alan).

CAYMAN LUXURY SEA TOURS

Forget the restrictions of timed itineraries or the inconvenience of large crowds by creating your own customized private sea adventure https://www.caymanluxuryseatours.com/ +1 (345) 926 - 0607

FISHING BOOKER - FISHING CHARTERS

https://fishingbooker.com/destinations/country/ky

ALLURA CATAMARAN

is also a great option for a more luxurious catamaran charter: http://www.alluracatamaran.com/

SEA CAYMAN BOAT CHARTERS

Susie S. – North Sound area Mobile: +1 (502) 552-4986 www.seacaymanboatcharters.ky

CAYMAN LUXURY SEA TOURS

Private Yacht Adventure, Cayman Islands Scott Suddaby captainscott345@gmail.com Contract/ WhatsApp - +1(345)926-0607 Charges - US\$ 250/ hours Minimum of 2 hours. \$250/hour http://www.caymanluxuryseatours.com/

Private Charters: If you are interested in a private boat charter, there are dozens available.

ATTRACTIONS & THINGS TO DO

Numerous tour operators offer snorkeling, diving trips, and visits to Stingray Sandbar. While we can suggest a few we know, we highly recommend checking online for additional visitor recommendations.

WEST BAY & GEORGE TOWN

CAYMAN ISLANDS NATIONAL MUSEUM (George Town)

Here, you'll learn about this tiny country's fascinating cultural and natural history and the resourceful, independent nature of our seafaring society in a variety of exhibits and a 10-minute audiovisual presentation, "Cayman: Founded Upon the Seas."

http://www.museum.ky; +1-345-949-8368

HORSEBACK RIDING (WEST BAY) Cayman Beach Rides: https://caymanbeachrides.com; +1 345-916-6488 Cayman Horse Riding with Nicki: https://caymanhorseriding.com/; +1-345-916-3530 Pampered Ponies: http://ponies.ky/; +1 345-916-2540

NORTH SIDE, CAYMAN KAI, EAST END, SAVANNAH

BIOLUMINESCENT KAYAK TOUR

Experience the magic of a guided night tour from Rum Point, witnessing one of the world's most incredible natural phenomena. Paddle into the bay and marvel as each stroke creates a glowing swirl of blue light. Learn about this delicate ecosystem's balance of life and how to protect it. For an unforgettable adventure, crafting memories to cherish forever! http://www.caymankayaks.com; +1 (345) 926-4467

CAYMAN PARROT SANCTUARY

Offers an engaging and educational experience suitable for all ages. Home to a variety of native animals such as parrots, agoutis, and the fascinating 'rasta caterpillar,' it's a must-visit attraction, especially for families with young children. Alongside goats, rabbits, guinea pigs, cockatiels, and reptiles, there's a playground, zip line, and ample shaded areas to explore. Refreshments are available for purchase on-site. Be sure not to miss Lil' Bit, the adorable rescued agouti! https://www.facebook.com/CaymanParrot/; +1 345-936-4400

CRYSTAL CAVES

Located in Old Man Bay, North Side. Tours are approximately 1½ hrs. and take you through the surrounding tropical forest area and 3 caves spectacular caves. Reservations required. http://caymancrystalcaves.com; +1 345.949.2283 or 925-3001

MASTIC TRAIL

Discover the historic 2.3-mile trail in North Side, dating back to the 19th century, originally connecting Frank Sound to Old Man Bay and North Side. Walking the trail takes approximately 2-3 hours. The Mastic Reserve safeguards vast stretches of pristine, ancient dry forest, preserving the island's natural heritage.

ATV CAYMAN (WEST BAY)

Grand Cayman's only ATV off road tour! ATV Cayman takes you through scenic views of peaceful beaches and so much more. https://atvcayman.com; Whatsapp +1-345-922-0366

CAYMAN TURTLE CENTRE (WEST BAY)

Unique to the Cayman Islands, the Turtle Centre touts itself as the most popular land-based attraction. Having the opportunity to pick up turtles and see them at various stages of breeding, swim in the lagoon and see and array of local and Caribbean birds, marine predators, crocodile and other island wildlife. There is also a large pool and water slides for the kids. http://www.boatswainsbeach.ky; +1-345-949-3894

STINGRAY SANDBAR

In waist-deep water, enjoy the unique experience of swimming with and feeding the stingrays. Don't worry – it's safe! Many years ago local fishermen stopped in the area to clean their daily catch. The fishermen discarded the unwanted fish parts into the water, which attracted hordes of Southern Stingrays to the area. As the fishermen would arrive the Stingrays would gather awaiting their free meal. The Stingrays began to associate the sound of a boat engine with their free meal. Eventually local divers realized the rays could be fed by hand and were docile. Arrange an excursion out to Stingray Sandbar via private charter or a variety of local operators.

PEDRO SAINT JAMES (Savannah)

The oldest stone building in the Cayman Islands, built in 1780, Pedro St. James has a history as a restaurant. http://www.pedrostjames.ky; +1-345-947-3329

QUEEN ELIZABETH BOTANIC PARK

Explore a vibrant woodland trail showcasing native flora & fauna. Originally opened by Her Royal Majesty Queen Elizabeth II, the Grand Courthouse and Home, now fully restored by the National Trust in 1998, features a visitor center, multimedia theater, gift shop, cafe, & gardens. http://www.botanic-park.ky; +1-345-947-9462

SUNDAY BRUNCH !

Sunday Brunch is a hugely popular tradition in Cayman and restaurants and hotels offer impressive food spreads and endless bubbles. Here are just a few recommended options: Ritz, Luca, Marriot's Anchor & Den, Tillie's, Ristorante Pappagallo, Tukka East or West.

Grocery Stores & Local Markets

CAYMAN FRESH FISH

Almost any day of the week, you can buy fresh fish on the waterfront in downtown George Town next to Cayman Cabana. Fishermen anchor their boats offshore, set up tables on the beach under a canopy for shade and display their catch. Fish is sold by the pound and can be filleted for you on request.

CAYMAN FARMERS' MARKET

The Farmers' Market is located on Huldah Ave, at the Cricket Grounds in George Town (near the Midtown Plaza). Local farmers and artisans sell a variety of local fruit and vegetables, as well as juices, smoothies, pastries, preserves, jewelry and other crafts.

CHISHOLM EAST END

https://www.facebook.com/people/Chis holms-Grocery/100063275556183/

COST-U-LESS

Located a short 5 min drive North (near the Westin Hotel), Offering a variety of items, many in bulk, at competitive prices. In addition to food, you'll find a selection of general merchandise items such as home goods, clothing, electronics, toys, beach items, and more.

HURLEY'S GROCERY STORE

https://hurleys.ky/

Hurley's is located in the Grand Harbour Shops in Red Bay and is **open 7am-9pm Monday-Saturday**.

They sell a large assortment of organic produce, well-known local and international brands, a variety of freshly made cold options and hot meals from their Fresh Kitchen.

They also have a delivery service.

FOSTER'S SUPERMARKET

https://shop.fosters.ky/

Well-known in the Cayman Islands for their fresh produce, meat and fish, locally produced goods, and wide variety of specialty, organic and dietary specific products available at an inclusive range of price points.

Fosters has five locations: Airport Centre, George Town Tel: (345) 949 1555 Camana Bay, Seven Mile Beach Corridor. Tel: (345) 945 4748 Republix Plaza, West Bay Tel: (345) 949 3214 Countryside Shopping Village, Savannah. Tel: (345) 943 5155 Foster's Express opposite Moritt's Tortuga Club in East End, Tel: (345) 947 2826

All locations are **open Monday to Saturday** 6.30am-10pm,

Except Foster's Morritt's Express in East End, which is open Monday to Saturday 7am-7pm.

All locations are open from 9am-6pm on Public holidays and closed on Sundays.

Foster's Go - either pick up your order instore (select stores only) or have it delivered.

Visit Foster's Go for more information or download the Freshop app from the Apple or GooglePlay stores https://fostersgo.com/

KIRKS MARKET

https://kirkmarket.ky/

Located on Eastern Ave (a short drive in the direction of downtown), Kirks Market offers a full selection of items and is known for having a wide selection of organic and allergen-friendly options and an excellent selection of prepared dishes.

> Kirk Market Concierge Services T: +1 (345) 949-7022 - Ext: 310 F: +1 (345) 949-5880 E: ConciergeServices@ksl.ky

CHISHOLM's SUPERMARKET

This small grocery in North part of the islands and is a family owned and operated. Located at the Hutland junction on North Side road, it has been a landmark for over 70 years. Miss Irena, an octogenarian is at the helm with family around her to help run the business seven days a week, to keep the residents of the North Side district well provided for. You'll find a warm welcome and everything you would expect from your local grocery store, and more!

Phone: (345) 947-9418

1148 North Side Rd, North Side, Cayman Islands

Opening Hours - Monday to Saturday: 7am - 7pm NOTE: Open on Sunday

Website: -

https://www.facebook.com/Chisholms-Supermarket-Grand-Cayman-284098232053053/

FOSTER EXPRESS

Foster's Express is located in East End, and offers the essentials and then some. This small store does not offer a full shopping experience, but will certainly help you get through your weekend.

Phone: (345) 947-2826

Morritt's Shopping Centre, 2206 Queens Hwy, East End, Cayman Islands

Open from Mon - Sat 7:00am - 7:00pm

Closed on Sundays, Christmas Day, New Years Day and Good Friday.

Open on Public Holidays from 9:00am - 6:00pm

Website: http://www.fosters-iga.com/



FOSTER SAVANNAH

Foster's Savannah is located in Savannah Coutry Side, offers the widest selection of local and international products, the essentials, the freshest produce, the highest quality and the friendliest smiles at our supermarket, gourmet store, and warehouse shopping locations.

Phone: (345) 943-5155

33 Hirst Road, Grand Cayman

Open from Mon - Sat 7:00am - 11:00pm

Closed on Sundays. **Open on** Public Holidays from 9:00am -6:00pm

Closed on Christmas Day, New Years Day and Good Friday.

FOSTER AIRPORT

Phone: (345) 945-5155

Foster's IGA Express. 63A Dorcy Drive, Grand Cayman

Open from Mon - Sat 7:00am - 11:00pm

Closed on Sundays, Christmas Day, New Years Day and Good Friday.

Open on Public Holidays from 9:00am - 6:00pm

PRICE RIGHT

https://fosters-iga.com/about/ourbrands/priced-right/

Your warehouse shopping superstore! Live better, for less, with Priced Right.

Phone: (345) 815-1070

63B Dorcy Drive, Grand Cayman,

Open from Mon - Sat 7:00am - 9:00pm

Sunday Closed

Closed on Christmas Day, New Years Day and Good Friday.

Open on Public Holidays from 9:00am - 6:00pm

HURLEY's SUPERMARKET

http://hurleys.ky

Hurley's has everything to fuel the passions and interests of food lovers from around the world. With thousands of items from Europe, North America, and Asia, Hurley's offers the creative cook variety, quality, freshness, and value in a beautiful, convenient setting.

Phone: (345) 947-8488

Hurley's Grand Harbour Shopping Centre, Shamrock Road Grand Cayman

Store Hours: 7am - 11pm, Monday-Saturday Closed Good Friday, Christmas & New Year's Day

http://hurleys.ky

BAY MARKET

https://fosters-iga.com/about/ourbrands/priced-right/

Bay Market, a division of Foster's Food Fair, is a gourmet, specialty grocery store with a focus on organic, vegetarian and vegan items. In addition to a wideranging selection of organic produce and pantry essentials, Bay Market offers made-to-order breakfast dishes, salads and sandwiches, healthy to-go meals prepared daily, a mouthwatering antipasto and olive bar, an impressive variety of international cheeses, a fullservice espresso and coffee bar and much more.

Phone: (345) 815-1080

38 Market Street, Grand Cayman Open from Mon - Sat 7:30am - 7pm



KIRK SUPERMARKET

http://kirkmarket.ky

Kirk Market will continue to stock the usual trusted household brands at competitive prices. The store is also committed to offering shoppers an opportunity to "Experience a World of Choice" by consistently expanding product offerings of International, gourmet, organic, natural, and special dietary foods. Our goal is to make shopping an enjoyable event not a task. Their new selection will enhance the options for consumers to "Live Healthier" while also "Living Tastefully". Kirk Market also has an in-house Nutrition Expert who can offer advice or assist shoppers with making healthy decisions according to their dietary requirements.

Phone: (345) 949-7022

413 Eastern Avenue, George Town

Opening Hours

Monday – Thursday: 7am – 10pm Friday & Saturday: 7am – 11pm Sundays: CLOSED

COST U LESS

https://www.costuless.com/grandcayman/about-us

Cost U Less opened its doors in the Cayman Islands on December 13th 2007. Today, it is the island's largest warehouse club store with a wide range of food including fresh meat, produce, bakery and a wide range of general merchandise including electronics, sporting goods, outdoor items, toys, house wares, domestics, office supplies and clothing. Cost-U-Less operates warehouse club-style stores in the United States Territories, foreign island countries in the Pacific and the Caribbean, the Hawaiian Islands and Sonora California.

Phone: (345) 745-5377

51 Lime Tree Bay Avenue, Governors Square (9,649.77 mi)

Open from Mon - Sat 8 am - 9 pm Sunday Closed



EAT & DRINK

Places to eat & drink! There are too many places to name, and we would recommend checking online to research the options that best suit your personal tastes, budget and desired ambiance – but here are some of our favorites (near and far). If you have one in mind that we haven't listed, it's most likely because we just can't fit them all. It's hard to go wrong with the dining options in Cayman, but don't hesitate to reach out if you need help choosing!

HERE ARE SOME BLOGS FROM OUR WEBSITE:

https://caymanvacation.com/guide-to-dining-entertainment/ https://caymanvacation.com/foodie-guide-restaurants-in-grand-cayman/

DINING @ HOME

Get ready to experience the ultimate dining experience with Dining @ Home, Grand Cayman's most sought-after personal chef service. Whether you're looking to entertain or just cater to your dietary needs and preferences.

DELIVERY APPS & EASY TAKE-OUT WEBSITES

BENTO: FOOD DELIVERY IN CAYMAN Download the app <u>Apple Store</u> Download the app <u>Android Store</u>

LET's EAT APP Download the app <u>Apple Store</u> Download the app <u>Android Store</u> YOSHI's SUSHI https://order.yoshi.ky/

GINO's PIZZERIA https://www.ginos.ky/

DOMINO's https://www.dominos.ky/

Visit: https://www.caymanchef.com/

EASY / AFFORDABLE BITES & DRINKS NEARBY OR FROM DELIVERY

CHICKEN ! CHICKEN!

AL LA KEBAB

https://www.chicken2.com/ Location: Across the road in the pink plaza

Affordable roasted chicken and sides

https://kebab.ky/ Location: Marquee Plaza, Lawence Bl

Casual grub with Kebabs, Skewers, and a small selection of salads. Also – Poutine and Disco Fries!

WOK n' ROLL

| https://woknroll.ky/ |
|-----------------------|
| Location: West Bay Rd |

Great selection of Asian cuisine takeout.

PEPPERS BAR & GRILL

https://www.peppers.ky/

Location: West Bay Rd, take a right out of the parking lot and walk south about 200m (it's across the street)

BBQ jerk chicken, ribs, grilled steaks, burgers and fish, homemade pizzas, and much more. Open daily with entertainment on Thursdays, Fridays and Saturdays.

CAFé DEL SOL (Marquee Plaza)

https://www.cafedelsolky.com/

Location: Marquee Plaza, Lawence Bl

Local café within walking distance. (This is our 'local' choice but there is also a Starbucks at Camana Bay.)

SEVEN MILE BURGER

https://sevenmileburger.ky/

Location: West Bay Rd, near Westin (in same plaza as Cost U Less)

Our favorite burgers on the island whether you eat-in (counter service) or order delivery using the Let's Eat app. For salad / bowls try Seven Mile Greens next door.

CIMBOCO

https://www.cimboco.com/

Location: Marquee Plaza, Lawence Bl

A Caribbean café offering a selection of traditional meals with local flavors. This spot is within easy walking distance and offers tasty food at reasonable prices. We love the Caesar Salad with Jerk Chicken.



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CAMANA BAY / SEVEN MILE BEACH

AQUA

https://www.agua.ky

Located: 47 Forum Ln **CAMANA BAY**

Savor exceptional cuisine in a stunning locale, whether indoors or waterside.

NEXT DOOR

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(sister bar to Aqua)

https://www.nextdoor.kv/

Located: The Crescent **CAMANA BAY**

Cocktail bar located in Camana Bay.

EDGY VEDGE

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https://theedgyvedge.com/

Located: 38 Market St **CAMANA BAY**

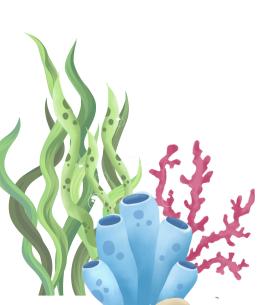
Great options for vegans or vegetarians.

LUCA

https://www.luca.ky/

Located: 871 West Bay Road **CANAL POINT (**in the Caribbean Club)

Beautiful Italian restaurant. Very popular for Sunday brunch.



ANCHOR & DEN

https://www.anchorandden.com

Located: in the Marriott Grand Cayman 389 West Bay Rd SEVEN MILE BEACH

Our favorite spot for great cocktails, delicious food, and great service. They often have themed nights that were well worth checking out.

CASA 43

Mexican Kitchen & Tequila Bar https://www.casa43.ky/

Located 43 Canal Point Dr. SEVEN MILE BEACH

Popular Mexican spot. Great margaritas and happy hour specials.

Ms PIPERS Kitchen & Garden

https://www.mspipers.ky/

Located: 22 Piper Way **SEVEN MILE BEACH**

Ms. Piper's cottage offers inspiring dishes, cocktails, décor, music and thoughtful details. Head there for lunch or dinner or just visit their pool for some cocktails.

THE BIRD

https://www.thebird.ky/

Located: Unit 30 Seven Mile Shops **SEVEN MILE BEACH**

(yellow plaza about 10min walk south, towards town)

Lively bar, great bar food!

THE HIVE BBQ & Jerk \$\$

https://thehive.ky/

Located: Canal Point Dr, West Bay Rd SEVEN MILE BEACH

Large screened in restaurant with food options from two food trucks or their BBQ. Offers live music and lots of TV's for game days.

TILLIES

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https://www.tillies.ky

Location: 747 West Bay Rd SEVEN MILE BEACH

Gorgeous beachside restaurant with tables amidst palm trees, steps from the sand. Don't miss out we highly recommend visiting for their Thursday Burger, Lobster & Bubbles night for \$39 CI (Reservations advised). Sunday Brunch is a hit too.

PARADISE PIZZA \$\$

https://www.paradise.pizza/

Located: 747 West bay Rd SEVEN MILE BEACH (Behind Tillies)

Tucked away, a charming outdoor restaurant offers fantastic pizzas, salads, and shawarma. Don't miss their Mambo Italiano night (Saturdays at 7pm) or Paradise Ouiz Nights, Check their website for event availability and book ahead due to limited space.

YOSHI's SUSHI ŚŚ

https://yoshi.ky/

Location: West Bay Rd SEVEN MILE BEACH (near Westin)

Our go to for sushi (take in or order out)



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GEORGETOWN / EAST END / NORTHSIDE

BLUESTONE LANE

https://bluestonelane.com/

Located: 51 Fort St GEORGETOWN (in town near the waterfront)

Beautiful café with a selection of coffee and wellness drinks, cold-press juices, teas, and delicious food.

CASSNOVA

https://www.casanova.ky/

Located: 65 N Church St GEORGETOWN

Superb Italian menu with upper and lower deck seating available right on the water. Penne Contadina is a favorite!.

GRAND OLD HOUSE \$\$\$

https://www.grandoldhouse.com/

Located: 648 S Church St GEORGETOWN

A beautiful ocean front deck that offers a fine dining experience.

PAPERMAN'S COFFEE \$\$ HOUSE

Located: 7JRG+MCB, Elgin Ave GEORGETOWN West Bay Rd,

Great sandwiches and coffee

WAFFLE MONKEY

https://wafflemonkey.net/

Location: 72 North Church Street GEORGETOWN

On the waterfront in town by the cruise ship terminal

Delicious Belgian waffles with indoor and outdoor seating near the George Town water front.

EAGLE RAYS BAR & GRIL \$\$

https://www.eaglerays.ky/

Located: 344 Austin Conolly Dr EAST END

A great casual option with spectacular views of the water and one of the few restaurants that offer lionfish (an invasive, but delicious, coral reef fish culled by local divers). We highly recommend trying their lionfish tacos and conch fritters!

LA CASITA

https://lacasita.ky/

Location: 365 Austin Conolly Drive, EAST END

Authentic Mexican, Mezcal & Tequila Bar! La Casita uses local ingredients from East End farmers, to ensure the food is fresh and delicious. They offer specially crafted cocktails and provide incredible service – making for an authentic and enjoyable experience.

TUKKA EAST END \$\$-\$\$\$

https://east.tukka.ky/

Located: 898 Austin Connolly Drive EAST END, Gun Bay

Australian inspired cuisine with one of the best views and decks. Most visits include an opportunity to feed the Frigate birds from the beach. Their Sunday brunch is a beautiful spot on this side of the island to enjoy an eclectic buffet and beautiful ocean views

KAIBO

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https://www.kaibo.ky/

Located: 585 Water Cay Rd NORTH SIDE (CAYMAN KAI)

This spot has gotten a bit more upscale over the past several years but remains a popular spot for locals and visitors alike. Whether taking a pit stop on your boat day to enjoy lunch, drinks and beach games, dine upstairs in the evening, or enjoy special events like the a weekly BBQ night and monthly Luna Del Mar evening for the full moon – Kaibo always offers great food and fun vibes!

OVER THE EDGE \$\$

Located: 1148 North Side Rd, **NORTH SIDE** - Old Man Bay

A local favorite, embodying the essence of the North Side – very "local", laidback, and right on the water (deck seating availability). We recommend the Snapper – "Steamed" (Cayman Style)!

Rum Point Club

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https://rumpointclub.com/

Located: 46 Sand Point Rd NORTH SIDE (Cayman Kai)

Situated on a white sand beach with turquoise waters as far as the eye can see. Newly renovated in 2023, offering an upscale vibe. Visitors can take advantage of the beach loungers and order cocktails from the bar or sit for lunch inside or out.

BACARO

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https://bacaro.ky/ Located: Yacht Club Drive

WEST BAY

AN a la Carte style, Venetian inspired menu, with small and big plates, perfect for sharing an array of options. Offering a variety of seating options from views of the West Bay Yacht Club, waterfront dining, or inside with a cozy contemporary-rustic lounge vibe.

CALYPSO GRILL

https://www.calypsogrillcayman.com/

Located: 10 Morgan's Ln **WEST BAY**

Beautiful waterfront seating and the best Sticky Toffee Pudding on island!

DOOR NO. 4

https://www.doorno4.com/

Located: 802 W Bay Rd WEST BAY (@TheGove - near Kimpton)

Intimate cocktail bar inside, more spacious seating outside - offers unique and delicious drinks as well as small (and yummy) dishes (try their Casava fries).

HERITAGE KITCHEN

http://heritagekitchencayman.com/

Located: Boggy Sand Rd, **WEST BAY** (near the 4-way stop)

Scenic spot with outdoor picnic bench seating to sit along the see wall enjoying the , ocean views – offering local dishes like Cayman-style grouper and coconut mahi mahi.

MORGAN's SEAFOOD \$\$\$

https://www.morganscayman.com/

Located: Yacht Club Drive WEST BAY

Beautiful open air seafood restaurant. This is one of our favorites!

MACABUCA TIKI BAR \$\$

(also their more upscale restaurant Cracked Conch)

https://www.crackedconch.com.ky/

Located: 857 N W Point Rd WEST BAY (past the Turtle Centre)

One of the best waterfront restaurants offering great food and value! The casual 'old Cayman' style vibe that Macabucca delivers - has kept this place a local and visitors' favorite. Divers do shore dives from here and the deck is surrounded by iron shore. Monday night is popular for their BBQ buffet. All around great spot, one of our regular go-to's! Try the Cracked Conch!

RISTORANTE PAPPAGALLO \$\$\$

Rhttps://www.pappagallo.ky/

Located: 444 Conch Point Rd WEST BAY

Popular classic which rarely disappoints. We hear their brunch is one of the best on island (but haven't done it yet).



WEST BAY

OTHER THINGS FOR YOU



Empty Suitcases

Perfectly Pampered Cayman – Mobile Massage Cayman Mobile Spa

https://perfectlypamperedcayman.com/

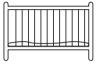
Location: Provides massage treatments tailored to your individual needs. You may be after some purely relaxing 'me' time and a soothing massage, a deep tissue massage that will tackle all that stubborn tension you've been wanting to get rid of for ages or a couples massage. Heather Holt Photography / Picture This Studios



https://www.heatherholt.com/

Location: For studio or location photograph for individuals, couples and family groups

Tourin' Tots i



www.tourintots.com

Tourin' Tots is one of the most reputable and established baby & toddler equipment rental company in the Cayman Islands!

HEALTHCARE & PHARMACY

George Town Hospital +1-345-949-8600. Government hospital. Includes Urgent Care services.
CTMH Doctors Hospital +1-345-949-6066 Private hospital. Includes Urgent Care services.
Integra Healthcare Ltd +1-345-745-7450 Private Practice. The Grand Pavilion 802 West Bay Rd.
Cayman Clinic +1-345-949-7400 Private Practice. Affordable walk-in services on Crewe Road.
Be Well Pharmacy +1 345-949-2323 Pharmacy located directly across the road in the pink plaza.

IN CASE OF EMERGENCY, PLEASE DIAL 9-1-1

FOR ALL ON ISLAND PROPERTY ASSISTANCE PLEASE CONTACT YOUR PROPERTY MANAGER, DETAILS GIVEN IN YOUR WELCOME EMAIL

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